DELTA RIDGE TECHNOLOGIES

The Trail Dog Journal

THE DOG, AND WHAT IT NEEDS FROM YOU

Same adventure, four paws, and the training it takes

A dog on the trail is not a hiking accessory. It is a partner with its own limits, its own gear, and its own training list.

FIELD	ENTRY
Name, breed, age	
Weight and normal body condition	
Vet and phone	
Vaccinations current through	
Heartworm and flea prevention	
Allergies or medication	
Microchip number	
Emergency contact if we are separated	
Tag on the collar	

GEAR

☐ Harness, fitted, not a collar for a leash

☐ 6 foot leash and a long line

☐ Collapsible bowl

☐ Water carried for the dog, not shared with yours

☐ Food for the miles, not the couch

☐ Boots if the ground is hot, rocky or salted

☐ Towel

☐ Poop bags, more than you think

☐ Dog first aid: gauze, tape, tweezers, saline

☐ Reflective clip for dusk

SAMPLE

CONDITIONING BEFORE THE TRIP

WEEK	DISTANCE	NOTES
Start	A third of the planned daily miles	Build slowly, dogs hide soreness
Two	Half the miles	Watch pads and nails
Three	Two thirds	Add some elevation
Trip week	Rest two days before	Cut nails and check pads

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