DELTA RIDGE TECHNOLOGIES

Kid Routine Cards

Pictures and short words, not instructions

PICTURES AND SHORT WORDS, NOT INSTRUCTIONS



A child who is told six times to get dressed learns that getting dressed is your job. A card on the wall moves the telling onto the paper, and the paper does not get tired.

HOW TO INTRODUCE A ROUTINE CARD

Day one: do it together, step by step, saying the card out loud. **Days two and three:** stand beside them, point at the card, say nothing else. **Day four onward:** point at the card, then leave the room. The leaving is the step that makes it theirs.

> Cut the cards, tape them at the child height, and let the child tick with a dry erase marker. A tick they make themselves counts triple.

SAMPLE

PLEASE READ THIS PAGE

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Activities for children need an adult present. Several activities involve scissors, small parts, water, heat, food, outdoors, tools or fire. Adults are responsible for choosing what is age appropriate, supervising it, and checking the surroundings and materials first. Nothing here replaces your own judgment about the children in your care. No educational, developmental, behavioral or health result is promised or implied by any page in this pack.

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